

### PROPER POSTURE

### Aa

Directions: Copy each letter next to the example. Copy the sentence.

A A A A A

A A A A A

a a a a a

a a a a a

The apple is red.

### Bb

Directions: Copy each letter next to the example. Copy the sentence.

B B B B B

B B B B B

b b b b b

b b b b b

I can read a book.

### Yy

Directions: Copy each letter next to the example. Copy the sentence.

Y Y Y Y Y

Y Y Y Y Y

y y y y y

y y y y y

May I have the yo-yo?

### Zz

Directions: Copy each letter next to the example. Copy the sentence.

Z Z Z Z Z

Z Z Z Z Z

z z z z z

z z z z z

Pull the zipper up.

### How to Make the Folder Handwriting Stations

For the folder stations:

1. Purchase some manila folders.
2. Fold the folder bringing both edges to the middle.
3. Print and cut out pages that follow - choose between double line or dotted line style. Both formats need the one large page that follows for the cover of the folder.
4. Glue the small pages on the inside of the folder. Avoid gluing any pages on the crease marks that you made.
5. Cut the handwriting station page along the solid line in the middle. Glue each half to the front of the folder. Now simply print and put the handwriting practice pages inside the folder. The handwriting station can be sent home with a student or travel from school to school.

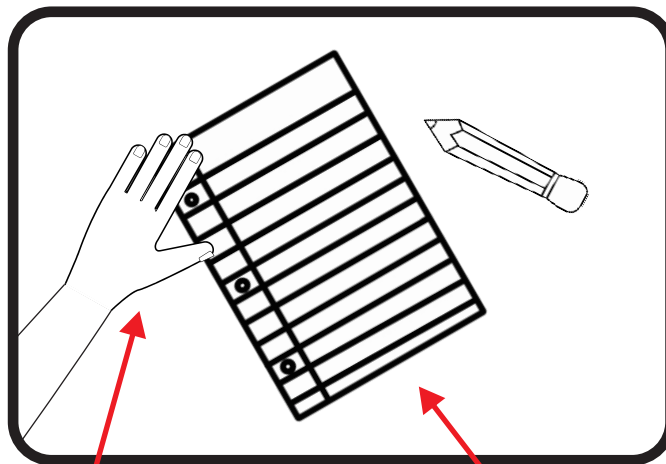
# Handwriting Station Sample Pages

The following pages are samples from the electronic document, **Handwriting Stations**, from Your Therapy Source Inc.

You can download the complete file at [www.YourTherapySource.com/hwstation](http://www.YourTherapySource.com/hwstation)

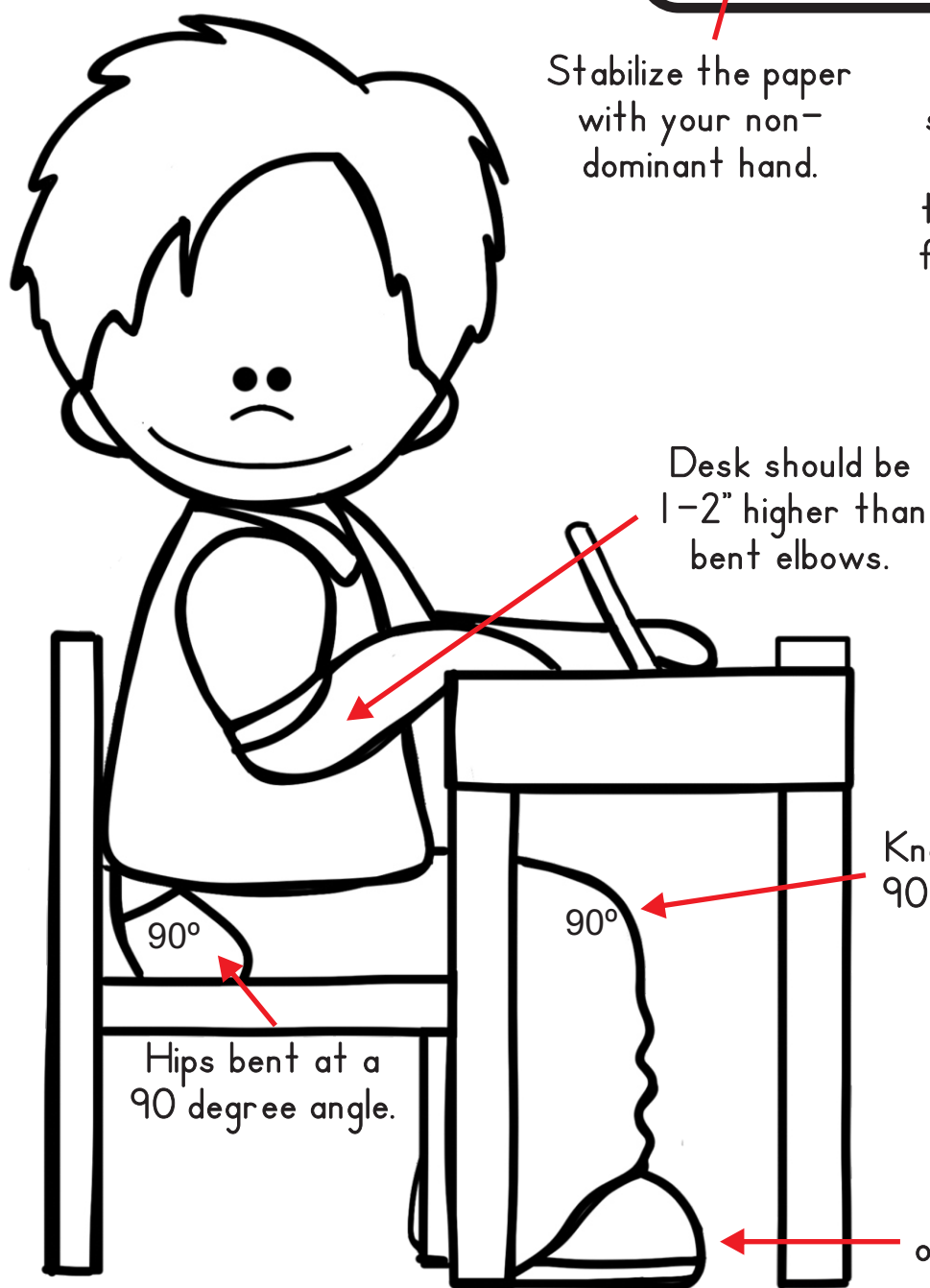
This last page of this sample is to show you how the handwriting file folder stations can be created to send home with students, to use at a student's desk in the classroom or to make a smaller handwriting station at a table.

# PROPER POSTURE



Stabilize the paper with your non-dominant hand.

On the desk, the paper should be angled. Angle it so that the right side of the paper is slightly higher for right handed students.

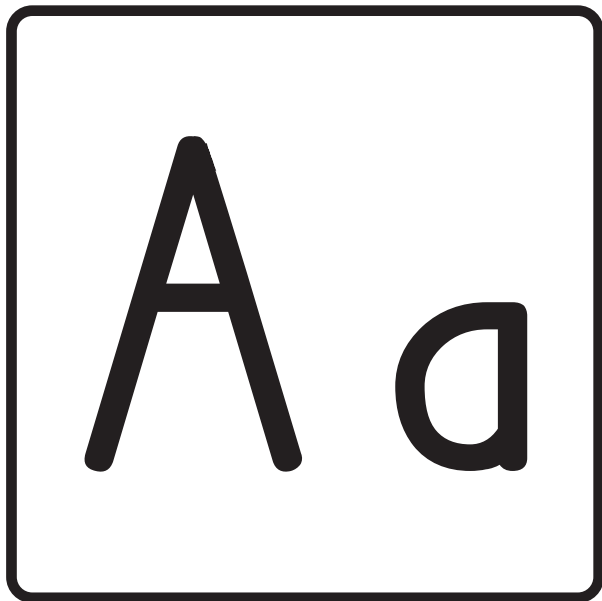


Desk should be 1-2" higher than bent elbows.

Knees bent at a 90 degree angle.

Hips bent at a 90 degree angle.

Feet flat on the floor.



Directions: Copy each letter next to the example. Copy the sentence.

A A A A A

A A A A A

a a a a a

a a a a a

The apple is red.



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# Bb



Directions: Copy each letter next to the example. Copy the sentence.

B B B B B

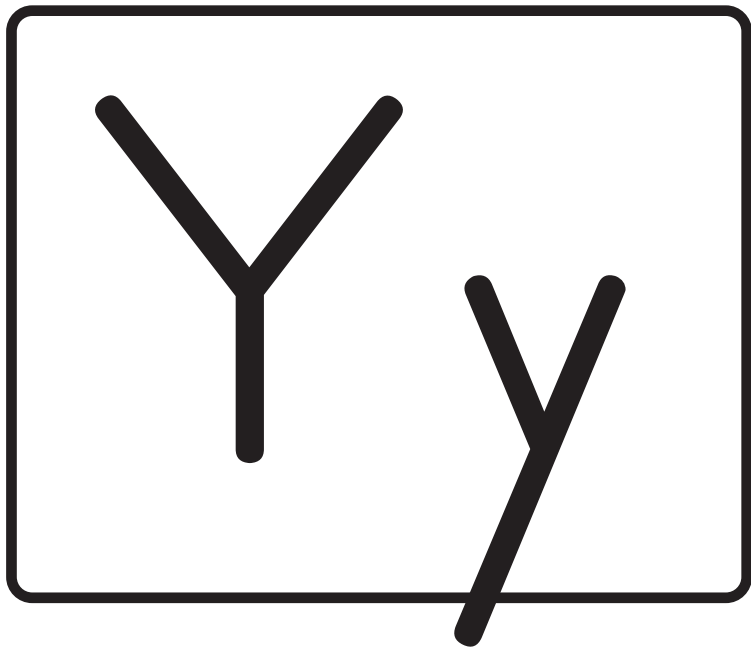
B B B B B

b b b b b

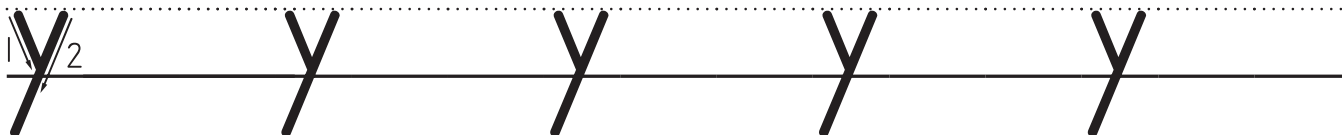
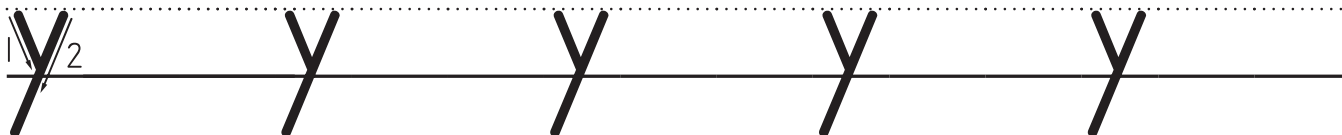
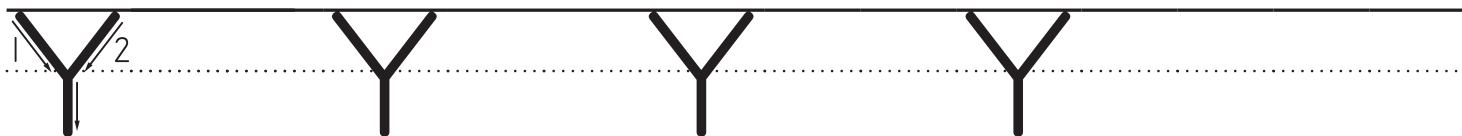
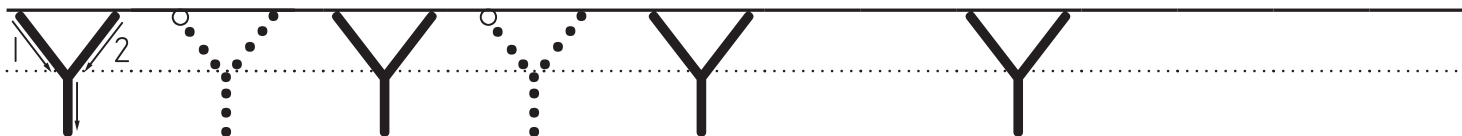
b b b b b

I can read a book.

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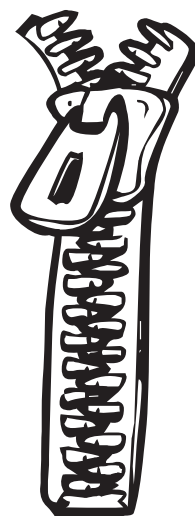


Directions: Copy each letter next to the example. Copy the sentence.



May I have the yo-yo?

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Directions: Copy each letter next to the example. Copy the sentence.

Z Z Z Z Z

Z Z Z Z

z z z z z

z z z z z

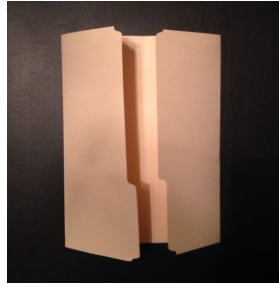
Pull the zipper up.

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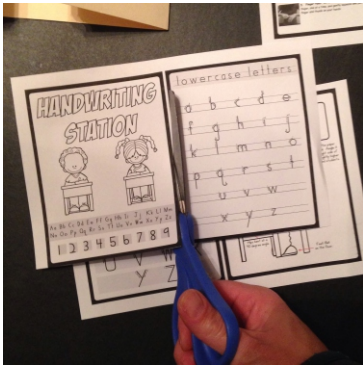
# How to Make the Folder Handwriting Stations

For the folder stations:

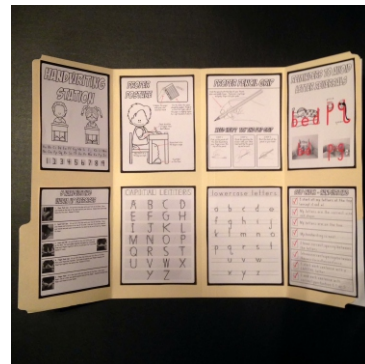
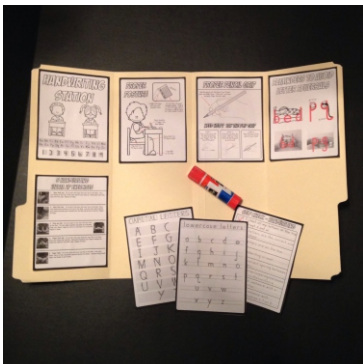
1. Purchase some manilla folders.
2. Fold the folder bringing both edges to the middle.



3. Print and cut out the small pages in the complete download at [www.YourTherapySource.com/hwstation](http://www.YourTherapySource.com/hwstation) - choose between double line or dotted line style. Both formats need the one large page for the cover of the folder.



4. Glue the small pages on the inside of the folder. Avoid glueing any pages on the crease marks that you made.



5. Cut the handwriting station page along the solid line in the middle. Glue each half to the front of the folder. Now simply print and put the handwriting practice pages from the complete download at [www.YourTherapySource.com/hwstation](http://www.YourTherapySource.com/hwstation) inside the folder. The handwriting station can be sent home with a student or travel from school to school.

