

USING A SPOON RUBRIC

Client's Name:

Therapist:

Date:

List any adaptive equipment used when using a spoon:

Using a Spoon	Independent	Verbal cues needed	Physical prompts required	Physical assistance required	Total
Reaches for spoon	4	3	2	1	
Picks up spoon	4	3	2	1	
Uses appropriate grasp on spoon	4	3	2	1	
Uses other hand to hold bowl steady	4	3	2	1	
Loads food onto spoon from right to left (if right handed) and left to right (if left handed)	4	3	2	1	
Appropriate amount of food/liquid on spoon	4	3	2	1	
Keeps spoon level	4	3	2	1	
Brings mouth toward spoon	4	3	2	1	
Transports the food on the spoon to mouth with little to no spilling	4	3	2	1	
Closes lips around spoon	4	3	2	1	
Empties food from spoon into mouth with little to no spilling	4	3	2	1	
Removes spoon from mouth	4	3	2	1	
Returns spoon to bowl or table	4	3	2	1	
TOTAL SCORE OUT OF 52 POINTS					