

Occupational Therapy Group Lesson Plan

Artist Trading Cards

Background information on Artist Trading Cards

Artist trading cards are unique miniature works of art. In a nutshell they are homemade trading cards. There is only one rule to follow. The trading cards must be 2.5" by 3.5" in size. On the back, write the name of artist, title and number it. Once your cards are made, start trading them with friends and family. You can even search online for people to exchange cards. Anyone can be an artist with these simple cards.

Materials needed:

- cardstock paper cut to 2.5 inches by 3.5 inches
- any artist materials such as crayons, markers, watercolors, stickers, scrapbook paper, etc.
- scissors and glue

Objectives:

- Encourage fine motor skills
- Promote social skills
- Foster creativity



Activity:

- On the trading card, draw, create a collage, paint, stamp, glue, color or whatever you like.
- Turn the card over when dry and write the artist's name, title of the card and number the card.
- Create several cards.
- Start trading. Swap cards with the other children in the group.

Try having several OT groups create trading cards on one day. Plan a large gathering for all groups to trade cards with each other on a different day if time is short.

Modifications: If the trading card is too small for some children, create one piece of artwork on a piece of cardstock and cut into trading card size.

Optional: place in trading card sleeves (available at hobby shops for about \$0.25 a sheet to hold 9-18 cards) or put in wallet sized photo album.

